# Arunima Mitra, M. Sc (Psychology), M.Ed. Assistant Professor

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### RESEARCH INTEREST

Educational Psychology, Special Education, Psychometry, Clinical Psychology

## ACADEMIC QUALIFICATION

Degree	Institute/ School/Dept.		Board/University Y		ear	Di	vision
Ph.D. (Pursuing)	Department of Psychology		University of Calcutta				
M.Ed.	Sammilani Teachers' Training College		WBUTTEPA	2022			1 <sup>st</sup>
B.Ed.	Heritage College of Education		WBUTTEPA	2020		1 <sup>st</sup>	
M. Sc. (Clinical Psychology)	Dept. of	of Psychology University of Calcutta 2016		)16	1 <sup>st</sup> class 1 <sup>st</sup>		
B.Sc. Hons.		lemorial Girls' ollege	University of Calcutta	2014		1 <sup>st</sup> class 1 <sup>st</sup>	
Special Courses							
Certificate in Special Education (Learning Disabilities, ADHD & Autism)		Asian College of Teachers		20	17	91	
Basic and Advanced Course in Graphology		Kolkata Institute of Graphology		2020		-	
Internships							
1 Year Internship Dept. of Psychi		atry, Calcutta National Medical College		Aug 2015 to Aug 2016			
Qualified for Assistant Professor in UGC CBSE NET (November 2017)							

### RESEARCH EXPERIENCE

Institute	Position held	Date of Joining	Date of Leaving
Department of Psychology, University of Calcutta	Research Scholar	02.01.2024	-

#### TEACHING EXPERIENCE

Name of the Institution	Position Held	From	То
St. Xavier's College (Autonomous) Kolkata	Assistant Professor (Postgraduate Department of Education)	21.12.2024	Present
Gokhale Memorial Girls' College	SACT I (Department of Psychology)	012020	19.12.2024
Gokhale Memorial Girls' College	Guest Lecturer (Department of Psychology)	252018	31.12.2019

#### PUBLICATION IN JOURNAL

- Mitra, A., Chakraborty, A., Mukherjee, A., & Dogra, A. K. (2022). Contribution of materialism, loneliness, quality of interpersonal relationship on depression and happiness among people with dysthymia. *International Journal of Indian Psychology*, 10(4), 598–611. ISSN (Online): 2348-5396 | ISSN (Print): 2349-3429. DOI: 10.25215/1004.058
- Chakraborty, S., Karmakar, A., Chakraborty, A., Mukherjee, A., Das, T., Bhattacharya, M., Sanyal, A., Banerjee, S., Ganguly, A., Ghosh, U., Mitra, A., Kaur, J., Dogra, A. K., Bhattacharya, J., & Das, S. (2020). Construction of 'Kolkata-Mental Illness Stigma Scale (K-MISS)'. *Indian Journal of Health and Wellbeing*, 11(7–9), 363–370. Indian Association of Health, Research and Welfare. ISSN (Print): 2229-5356 | ISSN (Online): 2321-3698

#### SPECIAL LECTURE DELIVERED

Name of the Institution	Lecture Topic	Date	
The Bhawanipur Education Society College	Approaches to social psychology and Interpersonal Attraction	17th April 2019	
Chandernagore College	Different Aspects of Research Methodologies	11 <sup>th</sup> May 2023	
Bethune College	Organization of Nervous System	19 <sup>th</sup> January 2025,22 <sup>nd</sup> January2025	

### **RESOURSE PERSON**

• Worked as a **Resource Person** in a Three-day Online Orientation Programme on UG Semester V prioritized syllabus of Psychology under CBCS, organized by Department of Psychology Asutosh College & Muralidhar Girls' College, Kolkata, in collaboration with Under Graduate Board of Studies in Psychology, University of Calcutta & IQAC Asutosh College (28th January 4th February, 5th February 2021)